



Kieve

Leadership Decisions Institute
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GUIDING PRINCIPLE: Creative and Practical Problem Solver

ACTIVITY: Buddy Ropes

OBJECTIVE(S) ACCORDING TO CRITERIA: The student will see how an individual's action affects the entire group

MATERIALS NEEDED: Rope – one length per participant

TIME NEEDED: 15 minutes

SET UP:

- 1) Divide the group into smaller groups of 10-12 students. Give each person a rope.
- 2) The small group stands in a circle.
- 3) Each person reaches across the circle, one at a time, and grabs someone else's rope with one hand.
- 4) Then, each person reaches across the circle again, one at a time, and grabs a different person's rope.
- 5) **CAUTION!** No one should have 2 ropes coming from the same person and should not take the rope of anyone next to them.
- 6) The group untangles a web of ropes that are held by each member of the group.

PROCESSING QUESTIONS:

- 1) Did you need to be patient in order for the group to be successful?
- 2) What worked in this activity?
- 3) How did the buddy ropes symbolize the connection of the group?
- 4) What did this activity explain about people's relationships?
- 5) How many people looked at this knot and thought this can't be done?
- 6) What did it take to untangle the knot as a group?
- 7) Is there a connection between the knot and the dangers of alcohol and drugs? In other words, what does this activity have to do with alcohol and drugs?

COMMENTS:

As variations – 1) Switch places in the circle. 2) Try it non-verbal.